



SPEAKER ONE SHEET

Structured conversations on race, silence, power and inherited narratives.



BIOGRAPHY

Karen Loomis, **writing as K.A. Gilmore**, is the author of *Nobody Told Me I Am Black*, a three book series.

Her work examines racial identity, inherited bias, economic systems, and the social cost of silence.

With a background in marketing and communication strategy, she brings lived experience and analytical rigor to conversations many avoid but few can sustain. Her approach is direct, steady, and grounded in clarity rather than accusation.

She created and co-hosted a six episode podcast series distributed through **Phoenix Business Radio X**. The series generated more than **344,000 listens** during its initial broadcast run. An independent version of the platform will relaunch later this year.

Karen has presented at **DigiMarCon**, **Digital Summit**, **Phoenix Design Conference**, and a local **Phoenix chapter conference of Mensa**.

She is also a **professor of Advertising & Design** at Grand Canyon University.

FORMATS

- Keynote Address
- Facilitated Conversation
- Workshop Session
- Panel Participation
- Private Discussion

Available for in person and virtual events.

CONTACT

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BOOK KAREN



CALL KAREN



SIGNATURE TALKS

Karen is available for the following core speaking topics. Additional conversations can be developed upon request.



Silence in the Room Finding Your Voice

This session explores the personal cost of silence and the internal calculation people make before speaking truth. It examines safety, consequence, and the moment a relationship or room reveals what it can and cannot hold.

- Recognize the internal calculations that keep them silent in high stakes moments.
- Identify the difference between safety, comfort, and complicity.
- Leave with language to speak clearly without escalation or self erasure.

Living Outside the Lines

A reflection on identity formation, belonging, and the tension between cultural expectation and self definition. This talk considers what happens when inherited narratives no longer fit lived experience.

- Examine how inherited narratives shape identity and belonging.
- Distinguish between external expectation and internal truth.
- Reclaim agency in environments where cultural fit demands self editing.

The Mythology of the Angry Black Woman

This presentation addresses stereotype, emotional containment, and the social penalty attached to female expression. It considers how perception shapes power and how myth sustains imbalance.

- Understand how stereotype controls

perception and constrains power.

- Recognize emotional containment as a social expectation, not a personality trait.
- Interrupt stereotype without editing your voice for approval.

Holiday Survival Confronting Family Conflict

A structured conversation on proximity, inherited bias, and navigating difficult family dynamics without self erasure. It focuses on the quiet negotiations that happen around dinner tables and across generations.

- Identify inherited bias operating inside family systems.
- Navigate proximity without abandoning self respect.
- Establish personal boundaries that preserve relationship without self erasure.

Bias by Design

An exploration of how social systems, cultural messaging, and economic structures shape belief and behavior long before we recognize their influence. The session moves from personal awareness to structural clarity.

- Recognize how social systems shape belief before conscious choice.
- Distinguish personal values from conditioned response.
- Develop the language to analyze power beyond individual intent.