



Honest Conversations without the Pressure!

What This Is — and What It Isn't

This is not a casual conversation. It's not a drop-in. It's not a place to listen quietly and leave unchanged.

This is a small, closed group. Same people. Same commitment.

Three consecutive weeks. 55 minutes at a time—long enough to get past surface-level thinking and into what actually drives behavior.

Each series centers on one topic, but the conversation reflects reality—where race, bias, sexism, ageism, and other dynamics overlap.

You don't just talk about it. You work through it.

Why It's Paid

Because structure matters. Commitment changes the quality of the room.

People show up differently when invested.

Free spaces attract curiosity. Paid spaces create accountability.

This is intentionally small. Intentionally focused.

Intentionally built for people who are ready to engage—not observe.

What You Walk Away With

A clearer understanding of how these dynamics show up in real life—not in theory, but in your day-to-day interactions.

The ability to respond instead of freeze, avoid, or default.

Take what you've learned back into your own circles and actually use it.

What Attendees Have Said

"I know Karen will provide an opportunity for safety in a group, where we can share, but she'll also, do that with kindness and love and respect, so I feel safe to be here. I feel I can talk openly here..."

What's Next

Join the [next Zoom Chat session](#) or [host a private session](#).
